



## Boys & Girls Club Dinner Menu October 2024

*Contact the food service director: at (978)-360-7766*

Monday	Tuesday	Wednesday	Thursday	Friday
	1  Chicken Patty on a Whole Wheat Bun w/ Carrot Sticks, Fruit Cup & Milk	2  Meatballs on a Whole Wheat Bulky Roll w/ Green Beans, Apple Sauce & Milk	5  Cheeseburger on a Whole Wheat Bun w/ Corn, Fruit Cup & Milk	6  <b>Hispanic Heritage Month</b>  Baked Chicken Wings w/ Rice & Beans, Green Beans, Fresh Fruit & Milk
All Meals Served With: Low Free Milk				
7  <u>Nacho Monday</u> Whole Wheat Nacho Chips w/ Dice Chicken, Salsa, Corn, Fresh Apple & Milk	8  Chicken Nuggets w/ Mashed Potato, Whole Wheat Dinner Roll, Green Beans, Fruit Cup & Milk	9  Whole Wheat Cheese Pizza w/ Carrot Sticks, Fruit Cup & Milk	10  Chicken Quesadilla on a Whole Wheat Wrap w/ Mexi Corn, Fresh Orange & Milk	11  <b>Hispanic Heritage Month</b>  Baked Beef Empanada w/ Sweet Plaints, Dinner Roll, Corn, Fresh Orange & Milk
All Meals Served With: Low Free Milk				
14  <u>CLOSED</u>	15  Chicken Patties on a Whole Wheat Bun w/ Green Beans, Fruit Cup & Milk	16  Baked Mac & Cheese w/ Whole Wheat Dinner Roll, Green Beans, Pineapple Chunks & Milk	17  Breaded Chicken Drumsticks w/ Mashed Potatoes, Corn, on a Whole Wheat Bun Apple Sauce & Milk	18  Cheeseburger on a Whole Wheat Bun w/ Corn, Fresh Apple & Milk
All Meals Served With: Low Fat Milk				
21  <u>Nacho Monday</u> Whole Wheat Nacho Chips w/ Ground Beef, Salsa, Corn, Fresh Apple & Milk	22  Buffalo Chicken Tender on a Whole Wheat Sub Roll w/ Green Bean, Fruit Cup & Milk	23  <u>Lunch</u> Turkey & Cheese on a Whole Wheat Sub w/ Carrot Sticks, Fresh Orange, Baked Chips & Milk  <u>Snack</u> Assorted Cereal w/ Milk	24  Hot dog on a Whole Wheat Bun w/ Green Beans, Fruit Cup & Milk	25  Whole Wheat Pepperoni Cheese Pizza w/ Carrot Sticks, Fruit Cup & Milk
All Meals Served With: Low Fat Milk				
28  <u>Nacho Monday</u> Whole Wheat Nacho Chips w/ Dice Chicken, Salsa, Corn, Fresh Apple & Milk	29  Meatballs on a Whole Wheat Bulky Roll w/ Green Beans, Apple Sauce & Milk	30  Chicken Patty on a Whole Wheat Bun w/ Carrot Sticks, Fruit Cup & Milk	31  BBQ Ribs on a Whole Wheat Bun w/ Corn, Fruit Cup & Milk  Halloween Cookie	

**This institution is an equal opportunity provider.**